

GET AHEAD OF SEPSIS

KNOW THE RISKS. SPOT THE SIGNS. ACT FAST.

Sepsis starts outside the hospital in 80% of cases.

Your fast recognition and treatment can increase your patients' chances of survival.

SIGNS AND SYMPTOMS OF SEPSIS CAN INCLUDE ANY ONE OR A COMBINATION OF THE FOLLOWING:



Confusion or
disorientation



Shortness
of breath



High
heart rate



Fever, or shivering,
or feeling very cold



Extreme pain
or discomfort



Clammy or
sweaty skin

Gather the following information and communicate it to hospital healthcare professionals:

- **Medications**
- **Allergies**
- **Pre-existing conditions**
- **Other risk factors**

Learn more at www.cdc.gov/sepsis.

