2022 Public Safety Reading List
**Introduction**

**About**
This is the International Public Safety Association’s first Public Safety Reading List. We developed this list because we recognize the value of reading. There are numerous benefits to reading that go beyond professional development. Reading expands the mind, improves cognitive function, increases your vocabulary, reduces stress and reduces symptoms of depression.

We recommend that you go through the pages of the Public Safety Reading List and identify a book that interests you. Set a goal for yourself whether it’s to read one book this year, one book per quarter or one book a month.

We included hyperlinks that take you to the book so you can learn more about it, read reviews and purchase. Simply click on the book image.

**Project Team**
The IPSA convened a team of members to work alongside our Executive Director to develop the Public Safety Reading List. We would like to thank the following individuals for their commitment to seeing this project through completion:

- Heather R. Cotter, IPSA Executive Director, Project Director
- Sarah Guenette, IPSA Member
- Amy Malina, IPSA Member
- Sarah Saunders, IPSA Member
- Kevin Tarazi, IPSA Member
- David Weiner, IPSA Member

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- Michael Fergus
- James Quirarte
- Katherine Severson
- Bradley Feuer
- Karen Ziegler
- Nathaniel Hunkup
Recommended Books

- **Firefighter Functional Fitness:** The Essential Guide to Optimal Firefighter Performance and Longevity by Dan Kerrigan, et al.
- **Transforming the Police:** Thirteen Key Reforms by Charles M. Katz and Edward R. Maguire
- **If You Didn’t Write It Down, It Never Happened!:** Developing Critical EMS Reporting Skills for Paramedics and EMTs by Paul Serino
- **Criminological Theory:** The Essentials by Stephen G. Tibbetts and Alex R. Piquero
- **Alone at Dawn:** Medal of Honor Recipient John Chapman and the Untold Story of the World’s Deadliest Special Operations Force by Dan Schilling and Lori Longfritz
- **People Driven Leadership:** How the Best 9-1-1 Centers Inspire Positive Change by Adam Timm
Recommended Books

Start With Why: How Great Leaders Inspire Everyone To Take Action by Simon Sinek

A Passion for Leadership: Lessons on Change and Reform from Fifty Years of Public Service by Robert Michael Gates

Leadership Strategy and Tactics: Field Manual by Jocko Willink

First In, Last Out: Leadership Lessons from the New York Fire Department by John Salka

Extreme Ownership: How U.S. Navy SEALs Lead and Win by Jocko Willink & Leif Babin

The Servant Leader: How to Build a Creative Team, Develop Great Morale, and Improve Bottom-Line Performance by James A. Autry
Recommended Books

- Quiet Leadership: Six Steps to Transforming Performance at Work by David Rock
- W.I.N: Critical Issues in Training and Leading Warriors by Brian R. Willis
- The 21 Irrefutable Laws of Leadership: Follow Them and People Will Follow You, by John Maxwell
- Leaders Eat Last - Why Some Teams Pull Together and Others don’t, by Simon Sinek
- The Power of Servant Leadership, by Robert Greenleaf
- 101 Tough Conversations to Have with Employees: A Manager’s Guide to Addressing Performance, Conduct, and Discipline Challenges by Paul Falcone
Recommended Books

First Casualty: The Untold Story of the CIA Mission to Avenge 9/11 by Toby Harnden

The Terror Years: From al-Qaeda to the Islamic State by Lawrence Wright

Terrorism, Political Violence and Extremism: New Psychology to Understand, Face and Defuse the Threat edited by Chris E. Stout

Homeland Security by Larry K.Gaines

Family Terror Networks by Dean C. Alexander

Say Nothing: A True Story of Murder and Memory in Northern Ireland by Patrick Radden Keefe
Recommended Books

Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad One by James Clear

Thinking Fast and Slow by Daniel Kahneman

Quiet: The Power of Introverts in a World that Can’t Stop Talking by Susan Cain

The Organized Mind: Thinking Straight in the Age of Information Overload by Daniel J. Levitin

Emotional Intelligence: Why it can matter more than IQ by Daniel Goleman

Mindfulness for Beginners: Reclaiming the Present Moment and Your Life by Jon Kabat-Zinn
Recommended Books

**The Bulletproof Spirit, Revised Edition: The First Responder’s Essential Resource for Protecting and Healing Mind and Heart** by Cpt Dan Willis

**WARRIOR: How to Support Those Who Protect Us** by Shauna Springer and Eddie Wright

**Emotional Survival for Law Enforcement: A Guide for officers and their families** by Kevin M Gilmartin

**I Love a Cop, Third Edition What Police Families Need to know** by Ellen Kirschman

**The Resilient 9-1-1 Professional: A Comprehensive Guide to Surviving and Thriving Together in the 9-1-1 Center**
Edited by Jim Marshall and Tracey Laorenza

**I Love A Firefighter, Second Edition: What the Family Needs to Know** by Ellen Kirschman

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Recommended Books

Propaganda by Edward Bernays

Never Split The Difference: Negotiating as if Your Life Depended on It by Chris Voss

Dangerous Instincts: Use an FBI Profiler’s Tactics to Avoid Unsafe Situations by Mary Ellen O’Toole Ph.D and Alisa Bowman

The Gift of Fear: Survival Signals That Protect Us from Violence by Gavin de Becker

Burning down the House: Fighting Fires and Losing Myself by Russell Wangersky

Gutter Medicine: Twenty-six Years as a Firefighter Paramedic by Roger C. Huder
Recommended Books

Narconomics: How to Run a Drug Cartel by Tom Wainwright


Answering 9-1-1: Life in the Hot Seat by Caroline Burau


Arresting Communication: Essential Interaction Skills for Law Enforcement by Lt. Jim Glennon

Tell Me Exactly What Happened: Dispatches from 9-1-1 by Caroline Burau