BEHAVIORAL HEALTH CRISIS RISK FACTORS

RISKS

Mental health/substance use disorders

Personal or family history of suicide, attempts, or self-harm

Chronic medical health problems

Trauma history / prolonged stress / A.C.E.s (adverse childhood experiences) /

Brain injury

Lack of social support (ex: isolation, recent loss, death/divorce, rejection)

Financial strain/ inconsistent or lacking access to basic needs

TRAUMA-INFORMED MENTAL HEALTH LITERACY FOR T.E.M.S. PROVIDERS

WHAT ARE RISK FACTORS?

DYNAMICS OF AN INDIVIDUAL’S LIFE THAT MAY CONTRIBUTE TO CREATION OF THE CRISIS STATE. THINK OF RISK FACTORS AS YELLOW FLAGS, AS COMPARED TO RED FLAGS WHICH ARE BEHAVIORS THAT INDICATE AN ACTIVE CRISIS STATE*

*Red flags are warning signs of active crisis in which an individual is a danger to self or others, and requires immediate intervention to return to safety.